

**We pray for the church around the world:**

Especially those who are persecuted for their faith. We pray for compassion and kindness, inclusion and love for all. We pray for all who have not yet let Jesus into their lives.

**We pray for our world:** All the casualties of war and conflict; victims of natural or manmade disasters; those who are living in poverty or under oppressive regimes; for all who have no safe place to live in. For the earth and all the damage done to it by humankind. For more empathy and compassion.

**We pray for our local community:** [2: Ashburnham Rd, Gordon Pl][3: Gordon Rd, Napier Av] [4: Elmer Av, Elmer Approach] [5: Luker Rd, High St] [6: Queen's Rd, London Rd] [7: College Way, Park St] [8: Park Rd, Avenue Rd]

**We pray For those who are sick or in need** Margaret Jones, Terry, Maff, Ken, Valerie, Tony, Kat, Judith, Mark, Diana, Christine, Audrey, Chris Binks, Louis, Natasha & family, Rosetta, Janet, Jean Wren, Mark, Sarah, Laura, Gabby

**And all on our long term list. Prayers for all sick in hospitals, hospices, care homes and at home. For those who are caring for them.**

**Recently departed:**

All who have died with no-one to pray for them.

**In Memoriam: March**

Hannah Miller 4/3, Brad Duke 9/3, Pearl Peacock 10/3, Teddy Spearman 21/3, David Lobb 25/3

**NOTE: Words for final prayer for the departed and for Hail Mary is in Mass Book**

Parish of St Alban. Westcliff &  
**ST MARK, SOUTHEND**

**2 March 2025**

Sunday Before Lent



Duccio, *The Transfiguration* [1308-11]

When Jesus went up Mount Tabor, we read that he was transfigured and became so dazzling that the disciples who went up with him, were overcome with awe, and then God spoke telling them to listen to him. This event gave the disciples an indication of the divine nature of Jesus as the Son of God. Up until now, although they were being taught to recognise him as the Messiah, their own experience was more earthly and physical. This extraordinary event would help the three disciples to be reassured, especially in the dark days of his arrest and crucifixion, that the man they were following was indeed fully human as well as fully divine. [Blessings, Mother Cherry](#)

**Dates for the Diary**

**Music Events:**

8 March: Let's Talk: Women Voices pm  
29 March: Rounds 7pm

**Church Events:**

5 March: Ash to Go 7am  
9 March: Social Sunday  
30 March: Mothering Sunday

**Contact Details**

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St Mark's Website: <https://www.stmarkschurchsouthend.org/>

St Alban's Website: [Saint Alban the Martyr, Westcliff-on-Sea - A Church Near You](#)